

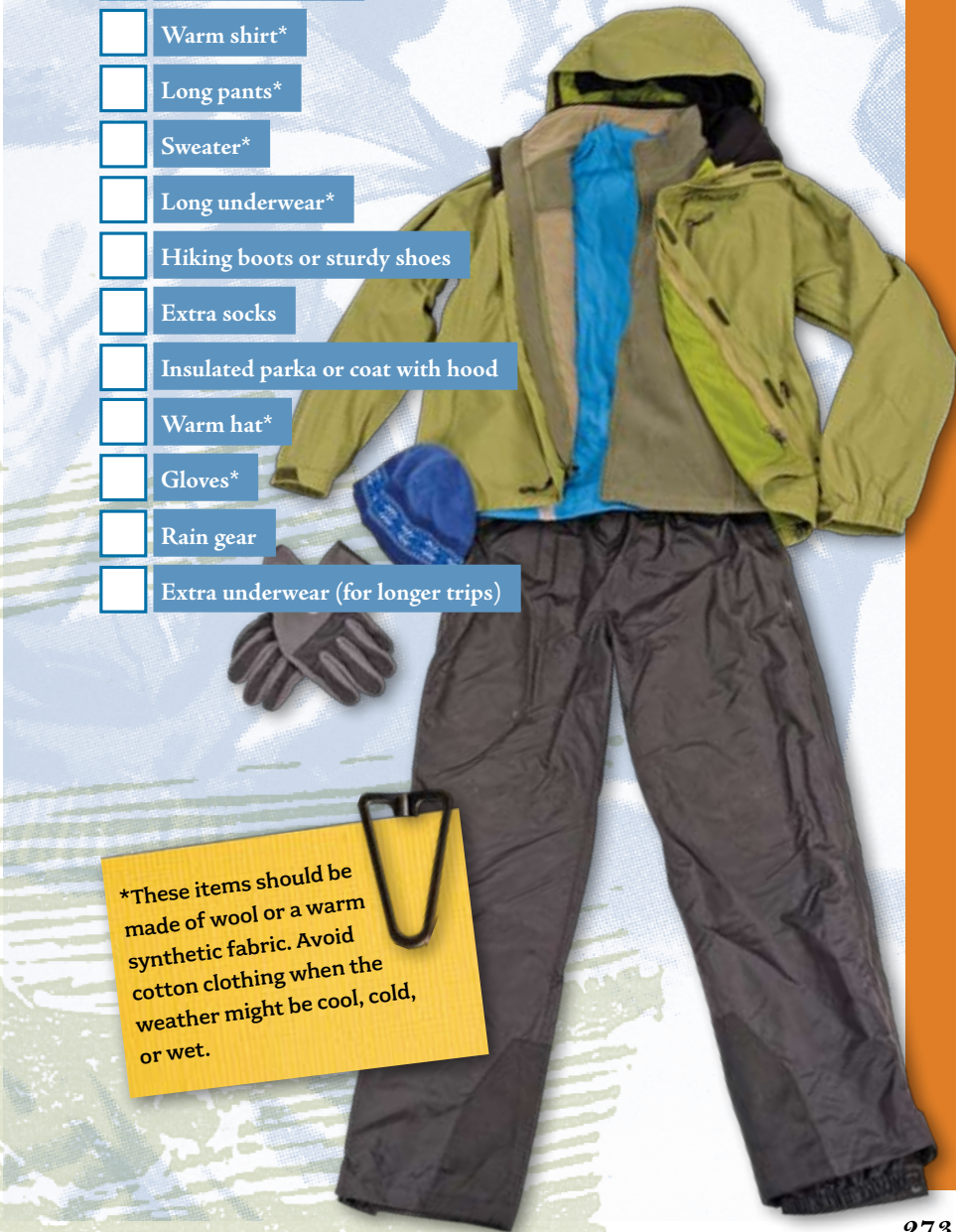
Warm-Weather Clothing Checklist for Outdoor Adventures

- ☐ Long-sleeved shirt
- ☐ T-shirt
- ☐ Hiking shorts
- ☐ Long pants
- ☐ Sweater or warm jacket*
- ☐ Hiking boots or sturdy shoes
- ☐ Extra socks
- ☐ Hat with a brim for shade
- ☐ Bandanna
- ☐ Rain gear
- ☐ Extra underwear (for longer trips)



Cold-Weather Clothing Checklist for Outdoor Adventures

- ☐ Long-sleeved shirt
- ☐ Warm shirt*
- ☐ Long pants*
- ☐ Sweater*
- ☐ Long underwear*
- ☐ Hiking boots or sturdy shoes
- ☐ Extra socks
- ☐ Insulated parka or coat with hood
- ☐ Warm hat*
- ☐ Gloves*
- ☐ Rain gear
- ☐ Extra underwear (for longer trips)



*These items should be made of wool or a warm synthetic fabric. Avoid cotton clothing when the weather might be cool, cold, or wet.